TALKING WITH TRUMP SUPPORTERS

They adore Donald Trump enough that they came to Washington to celebrate his inauguration. We asked some people what they liked most about him and what they liked least. TORSTAR NEWS SERVICE

Dennis Poer, 58, painter — Champaign, Illinois

Like most? "His honesty. He doesn't put up with any of the bullcrap."

Like least? "Not yet."

David Drexler, 53, attorney — Los Angeles, California

Like most? "His willingness to avoid political correctness and state the issues the way they should be stated."

Like least? "His comments about women I found very offensive."

Tyrus Cobb, 33, truck driver — Indianapolis, Indiana
Like most? "I believe he's a man of his word."

Like least? "The only thing I would change is if he would stay off his social media."

Young activists gearing up

METRO FOCUS ON ACTIVISM!

ROSEMARY WESTWOOD
From the U.S.

Amariyanna Copeny, a nine-year-old from Flint, Michigan, ended a speech on Martin Luther King Day with a knock knock joke. "Who's there?" the crowd asked.

"2044," she said.

"2044 who?"

"Vote for me in 2044!" she cheered. "I'm gonna be president."

So sayeth the youngest youth ambassador for this weekend's Women's March on Washington. And I wouldn't put it past her.

Copeny is one of about 30 young people across the U.S. chosen from hundreds of applications to lead a crucial aspect of the Women's March on Washington: capacity building for progressive activism, not just over the next four years, but within the next generation.

Flint's water crisis thrust Copeny into the international spotlight after her work to raise awareness about the problem helped convince Barack Obama to visit the city (she also met Donald Trump, looking a little apprehensive, in what became a viral image).

"It's an honour to be chosen as a youth ambassador and for me to be able to use my platform to be able to do what is right and not only stand up for my community, but for kids across the country who may not know that they can use their voice, as well," Copeny said.

The youth ambassador program is run by Tabitha St. Bernard-Jacobs, a 34-year-old who says she's doing it for her two-year-old son. These kids will be "taking over the world" one day, she told me. "They're at a point where they have questions and they want to have conversations about what's going on around them." The program is designed to amplify their voices and give them tools to be stronger activists. To that end, each ambassador is being paired with a seasoned activist to mentor them. They're being encouraged to spread the word among their peers about the Washington march and the hundreds of sister marches happening this Saturday.

Young people today are going to inherit a whole host of global crisis, from climate change and migration to morphing workforces, racial and income inequality. They also inherit a vibrant history of activism and increasing rights for all. The Women's March is a chance to recognize both.

There is something incredibly heartening, and especially respectful of diversity, in a movement that prioritizes the voices of those we often write-off of naive, naval-gazing, and entitled.

Imagine what being a part of that incredible experience could do for future leaders. Imagine what it could inspire. Amariyanna Copeny, 2044.

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TRUMP DAY 6

• Move to build Mexico border wall • Crackdown on sanctuary cities •Visas from certain countries restricted • Scientific studies scrutinized

metroNEWS

Winnipeg metro

THURSDAY, JANUARY 26, 2017

High -8°C/Low -13°C Partly cloudy

MARY TYLER MOORE

SAYING GOODBYE TO A COMIC ICON

metroLIFE

THE SUDS MUST FLOW

Microbreweries no longer exiled to manufacturing areas of the city

metroNEWS

WANTED:

THOUSANDS MORE VOLUNTEERS

Canada Games boosts recruitment, metroNEWS

PROVE IT TO US, PAUL

Jets coach under scrutiny

metroSPORTS

Birchwood TOYOTA

SEE PAGE 7 FOR SPECIAL OFFERS!

TOYOTA BOXING MONTH EVENT

metro NEWS

Your essential daily news

In 20 years, half of Canada could be immigrants or children of immigrants. **Canada**

4 THINGS FROM THE FIRST COUNCIL MEETING OF 2017

Cemeteries, craft beer and council expenses were all on the agenda

STEPHANIE TAYLOR METRO

1 Expense rules vague on details

The mayor's office must abide by a new set of rules when it comes to spending public funds.

Following Wednesday's council meeting, Mayor Brian Bowman told reporters the new expenditure policy will bring his office's spending under similar rules that govern how councillors can use their ward allowances.

The new policy provides a detailed breakdown of what are considered eligible and ineligible expenses, including business meeting meals and event tickets.

"This is a positive step in the interest of openness and transparency," Bowman said.

Asked what, if any, specific changes the new policy will have on what the office can spend public funds on, Bowman couldn't provide specifics.

"It is a large and complicated document," he said.

The new policy states the office's expenses will be audited annually, as is already the case for councillors' ward allowances.

If the office requests to spend money on a "usual" purchase not outlined in the policy, the city's chief financial officer must approve it.

In 2014, council voted in favour of seeing an expense policy developed for the mayor's office.

Bowman said he doubted any future mayor would try to reverse the new policy, saying it would be a step backwards in transparency.

2 Drink up to more craft breweries

During Wednesday's meeting, council voted in 76 changes to the Winnipeg zoning bylaw, which includes a loosening of restrictions for where microbreweries can open up shop and sell their wares.

Before the change, the city's land-use rules only permitted craft breweries to open in manufacturing areas of the city. Now microbrewers will be allowed to operate in commercial districts, but will be required to undergo a public hearing to ensure neighbours are onside with that.

3 Dakota Collegiate grant on hold

At the request of Coun. Brian Mayes, councillors voted to send back a request for a $600,000 operating grant to Louis Riel School Division so the executive policy committee could further deliberate on the matter.

The grant money, approved in the city's 2015 budget, is meant to match funds promised under the former NDP government for Dakota Collegiate to build a new sports field.

But given the change in government last spring, the majority of spending promises have been placed under review. Mayes said the school needs that grant now — even without provincial cash — or risks losing it.

4 Levy break for cemeteries?

Wednesday's council also voted to have staff study the financial impact of waving frontage levies for cemeteries operated by religious institutions or non-profits.

Coun. Ross Eadie brought forward the ask, saying although there was no increase to frontage levies in the 2017 budget, those who run cemeteries are struggling to make end's meet.

City staff will have until July to report back on waving the fees, but finance chairman, Coun. Scott Gillignham, cautioned councillors that every policy change impact the city's overall pocketbook.

"Every little impact that seems like a little impact has ripple effects and can, in fact, have a large impact," he told council.

He reminded them that for the 2018 budget, city council is projected to have to balance an $88-million shortfall.

Gilligham added that work is about to get underway on next year's budget.

CRIME

Man accused of killing girl wants review of police actions

A man accused of killing a Winnipeg girl whose body was found in the Red River is waiting to see whether he will get a review of his treatment by police.

Raymond Cormier is charged with second-degree murder in the 2014 death of Tina Fontaine, a 15-year-old who was in the care of Child and Family Services.

While waiting for his trial, Cormier filed a complaint with Manitoba's Law Enforcement Review Agency that alleged Winnipeg police acted inappropriately.

Cormier told the CBC that police fabricated evidence to use against him.

The review agency, which normally investigates allegations of excessive force or discrimination, decided last year that Cormier's accusations were outside its mandate and best left to the trial.

Cormier is appealing that decision in court and appeared briefly Wednesday as the matter was put over to Feb. 22.

He remains in custody and did not speak in court as his lawyer set the next date.

THE CANADIAN PRESS

Hunt for volunteers ramps up

EVENT

Canada Summer Games needs 6,000 recruits

Michelle Bailey
For Metro | Winnipeg

They're not pressing the panic button just yet, but organizers with the 2017 Canada Summer Games hope more people start showing up to volunteer for the event.

Winnipeg is playing host to the games which begin July 28. With a little over six months before thousands of athletes, coaches and visitors descend on the city, the drive to recruit some 6,000 volunteers is kicking into high gear.

"Things have been progressing quite well as we do have just over 50 per cent of volunteer spots filled, but there's no question we need more," said Games President and CEO Jeff Hnatiuk.

Hnatiuk said there was an initial rush of people who eagerly signed up to volunteer for everything from accreditation to village operations. However, the flow of people taking an interest is beginning to trickle and Hnatiuk says they are working hard to get things back on track.

"Part of the issue is people don't realize being a volunteer is more than just signing up to do something and then show up to the event to perform your duties," he said.

"There's a lot of internal work that needs to take place with our volunteers including screening, orientation, training and proper placement," Hnatiuk added. "This process takes time and some people are not aware of that aspect."

Melissa Larter is a co-ordinator and volunteer for the 2017 Canada Summer Games in Winnipeg. LYLE STAFFORD/FOR METRO

> People don't realize being a volunteer is more than just signing up to do something and then show up to the event to perform your duties.
> Games President and CEO Jeff Hnatiuk

One of the ways in which organizers are trying to attract more volunteers is by holding recruitment drives.

The first one has been planned for Saturday, February 11 at St. Vital Mall from 10 a.m. until 6 p.m.

"We really need people to start taking an interest and sign up now if we are going to hit our target," Hnatiuk said.

"Winnipeggers and Manitobans are known for stepping up when it counts, so I have confidence we will start seeing movement on this front."

Ticket sales also started off well when they went on sale in November.

Hnatiuk said there has been a bit of a lull, but anticipates they will pick up again near the end of February when they are 150 days away from the Games' start date.

On that countdown date, details of opening and closing ceremonies will also be unveiled.

VOLUNTEER

How to sign up as a volunteer.

- Visit 2017canadagames.ca to sign up online. Be prepared to know when you will be available to volunteer.
- Go in person to the volunteer recruitment site located inside the Fort Rouge Leisure Centre, 625 Osborne Street. Hours of operation are Monday to Friday, 9 a.m. to 3 p.m.
- Call 204-228-1085
- **Important note:** Volunteers are required to be at least 16 years old as of June 30, 2017. Volunteers who are between the ages of 16 and 18 need to attend an in-person interview with their parent/guardian present. Parental consent forms will be completed at the time of the interview.

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The great rookie rumble rolls on

Jets' Laine and Leafs' Matthews ready to shine at all-star weekend.

BRAEDEN JONES JONES ON JETS

Patrik Laine has 21 goals as of Tuesday night. TREVOR HAGAN/ THE CANADIAN PRESS

The tale of this weekend's NHL All-Star event mirrors the story of the season: A surge of young talent has gripped the league, but two rookies in particular are stealing the show.

Players such as Connor McDavid (age 20), Nathan McKinnon (21), Bo Horvat (21), Seth Jones (22), Nikita Kucherov, Johnny Gaudreau and Vincent Trocheck (all 23) represent the youth movement changing the league — but the youngest all stars of them all, Winnipeg's Patrik Laine (18) and Toronto's Auston Matthews (19) are the two to watch in Los Angeles.

Even before they were drafted first and second overall this past summer, their battle for rookie supremacy — and the Calder trophy for rookie-of-the-year honours — was highly touted. Neither has disappointed.

After going tit-for-tat early on with multi-goal games, the two have maintained an elite scoring pace while growing more accustomed to the demanding NHL schedule.

Despite Laine's season being interrupted by a concussion, he and Matthews were neck-and-neck for the rookie scoring lead. as of Wednesday. Matthews had 22 goals, Laine 21, and both were on pace for 40-plus by season's end.

They were also tied in points with 38 each, both trailing Matthews' teammate — fellow rookie Mitchell Marner, who has 39 points overall.

Another category in which they are tied is how often they hit the net with their shots, both finding the target about 71 per cent of the time.

At this point, each player leads his foil in a few statistical categories. The Jets' rookie has taken fewer shots on goal (114 to Matthews' 157) so leads with an 18.4 per cent shooting percentage to Matthews' 14 per cent average.

In 43 games so far, Laine also averages slightly more ice time, typically seeing about 18:15 of ice per game to Matthews' 17:43 average through 45 games played.

Laine has had 11 multi-point games, while Matthews has had nine.

The Finnish winger is also a better power play goal-scorer to date; he's got seven goals during extra-man situations to Matthews' four, but he's not necessarily a bigger factor.

Matthews has 12 power play points, beating Laine by one in his set-up role on Toronto's No. 1 unit. Laine is more of the triggerman for Winnipeg.

Both Laine (plus-7) and Matthews (plus-2) are net positive influences according to their plus/minus average, but Matthews has fewer giveaways (22) and more takeaways (39) so far (Laine has 38 and 26, respectively).

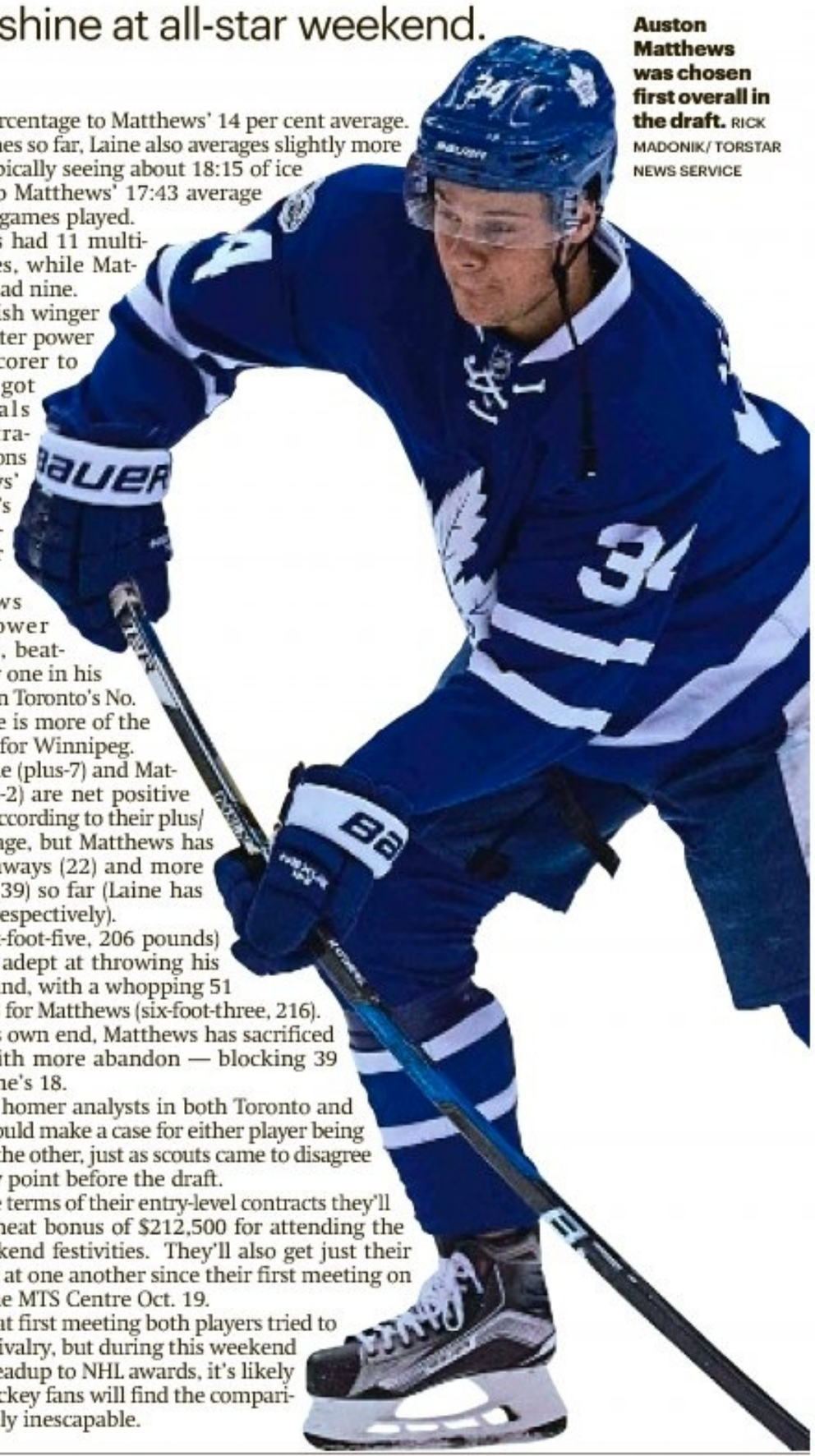
Laine (six-foot-five, 206 pounds) is far more adept at throwing his weight around, with a whopping 51 hits to just 8 for Matthews (six-foot-three, 216).

But in his own end, Matthews has sacrificed his body with more abandon — blocking 39 shots to Laine's 18.

Fans and homer analysts in both Toronto and Winnipeg could make a case for either player being better than the other, just as scouts came to disagree on that very point before the draft.

Under the terms of their entry-level contracts they'll both get a neat bonus of $212,500 for attending the all-star weekend festivities. They'll also get just their second look at one another since their first meeting on the ice of the MTS Centre Oct. 19.

Before that first meeting both players tried to play down rivalry, but during this weekend and in the leadup to NHL awards, it's likely they and hockey fans will find the comparison positively inescapable.



Auston Matthews was chosen first overall in the draft. RICK MADONIK/ TORSTAR NEWS SERVICE

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Cross-cultural harmony

MUSIC

Franco Roots matches up French, English musicians

Meg Crane
For Metro | Winnipeg

DETAILS

Franco Roots takes place Jan. 26 at 8 p.m. at the West End Cultural Centre.

Tickets are $15 available ahead of time through ticketfly.com or $20 at the door.

Grant Davidson is getting out of his comfort zone by writing songs in French. CONTRIBUTED

Music may be the universal language, but try writing a song that's not in your mother tongue.

Local francophone group Le NONS 100 has united five pairs of anglophone and francophone musicians for a show on Jan. 26 that may spark a new love for the language of love.

"It's kind of gone like most co-writing experiences I've had," said Grant Davidson, the English half of a duo with Justin Lacroix. "The challenge, obviously, for me is I've never written a song in French."

Usually meticulous about his word choices for lyrics, Davidson was nervous about writing in a new language. He said Lacroix helped him shape his ideas and they've come up with a song he's proud of.

"The nice takeaway is that I can do it," Davidson said.

The show's structure was the idea of NONS 100's programming director Eric Burke.

Going in, he was interested in how anglophone musicians would work with, what he calls, "killer" francophone singer-songwriters. He got a taste of how they'd collaborate before the pairs went off on their own.

"We put them all in a room together with a mentor who basically gave a two-hour workshop on writing in French versus writing in English," Burke said. "It was pretty mind-blowing to see what they were coming up with, actually."

While Burke hasn't heard much of what the musicians have planned for the show at the West End Cultural Centre, he insists this is a performance speakers of English and French alike will enjoy.

"This is more of a bilingual show than a francophone show," Burke said.

Each duo will be performing a minimum of one French song, but the other two they bring to the stage may be in English.

ACTIVITIES

Chill Out with the family at gallery

Warm Pacific air aside, Winnipeg is a winter city and is giving families a chance to act like it this weekend at the Winnipeg Art Gallery's Arctic Chill Out event.

On Sunday from 1 to 4 p.m., the WAG is hosting an afternoon of "fun activities inspired by the Canadian Arctic" while showcasing its world-renowned collection of Inuit art.

The museum's snowy rooftop will be open to the public to navigate it's winter trail, visit an igloo, contribute to a sky-high "giant snow fort," and also play with some Huskies while enjoying bannock — but that's not all.

"Arctic Chill Out offers families the opportunity to learn about the Arctic while spending quality time together," Head of WAG Education Rachel Baerg said in a release.

The WAG's collection of contemporary Inuit art is the largest of its kind in the world, featuring more than 13,000 carvings, drawings, prints, textiles and new media—eventually it will all be housed in the unique Inuit Art Centre, but for now a good portion of it is on display in the Our land: Contemporary art from the Arctic' exhibition.

Music and stories from Christine Gordon-Tootoo and Duncan Mercredi round out the arctic-themed event inside the museum, while kids can also make animal puppets or participate in an educational scavenger hunt through the 'Our Land' exhibit.

Admission for the family-themed, one-day special event is $20 per family and $10 for WAG members.

BRAEDEN JONES/METRO WINNIPEG

TAKE PART

When and where: Sunday 1-4 p.m. at the Winnipeg Art Gallery

Admission $20 per family and $10 for art gallery members

Family activities include music, stories, an igloo and more.

WELLNESS

Mission marks #BellLetsTalk day with mental health training

Braeden Jones
Metro | Winnipeg

Mental health issues were front and centre in Canada's social media sphere Wednesday, but a Winnipeg shelter chose to share more than a hashtag.

While Jan. 25 marked the seventh annual Bell 'Let's Talk' day and social media shares with the #BellLetsTalk hashtag directed funds towards mental health initiatives, Siloam Mission shared a video of their front-line health specialist Kim Meknyk talking about her thoughts on mental health among Winnipeg's "most vulnerable" citizens.

Melnyk, who instructed free mental health first aid training for Siloam Mission Employees Tuesday and Wednesday, said she sees many less fortunate people dealing with depression.

She noted some anxiety comes from "having to live every day wondering where they're going to sleep" or wondering "how they're going to be perceived" by others in the community.

One challenge she acknowledged for service providers like Siloam is trying to connect people with "services that meet their needs" — something that's more challenging with often-invisible mental health issues.

"When we can't identify what those needs are, it's really important to have that space to be able to talk about how we're feeling, how we're coping, how we're getting through day to day with the struggles that life has presented," Melnyk said.

It's for that reason she said making a concerted effort to create a space where anyone can have a voice is so important.

"I think what the Let's Talk campaign gives us is a space and permission to talk about these issues and to be authentic and to be able to check in with ourselves around what it is that we really need," she said.

Further to that dialogue-enabling end, however, was Melnyk marking Bell Let's Talk day by offering the all-day basic mental health first aid courses to front-line support staff and volunteers.

The training was one of 72 projects funded with some of the $1 million distributed in 2016 by the Bell Let's Talk Community Fund, which directs money from the campaign to local initiatives.

In a prepared statement, Laiza Pacheco, Director of Siloam Mission programs, said Bell Let's Talk recognizes "the importance of supporting people living with mental health issues and their families at the local level."

She said it would enable Siloam to "offer more mental health support services to more people in Manitoba."

Bell Let's Talk has supported nearly 350 community groups in seven years, including other local groups such as the Manitoba Schizophrenia Society, the Jewish Child and Family Services centre, Inspire Community Outreach, and Artbeat Studio Inc.

> **It's really important to have that space to be able to talk about how we're feeling, how we're coping, how we're getting through day to day.**
> Kim Meknyk

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Immigration on rise

RESEARCH

One in three people could be newcomers in 20 years

A new Statistics Canada survey says almost half the country's population could be an immigrant or the child of an immigrant within the next 20 years.

It suggests the proportion of immigrants in Canada's population could reach 30 per cent in 2036 — compared to 20.7 per cent in 2011 — and a further 20 per cent of the population would be the child of an immigrant, up from the 17.5 per cent recorded in 2011.

The numbers released Wednesday are a far cry from the country's first census in 1871 — four years after Confederation — when 16.1 per cent of the 3.7 million people in Canada were born abroad, with Britain, the U.S. and Germany as the most likely countries of origin.

The population projections show immigration will alter the country's cultural landscape under all scenarios Statistics Canada explored as part of an ongoing project to map out Canada's future as the nation turns 150 years old.

In Quebec, the percentage of people who claim French as their mother tongue is expected to drop to between 69 and 72 per cent in 2036, down from 79 per cent in 2011.

Up to 30 per cent of Canadians in 2036 could have a mother tongue that is neither English nor French, a potential jump of 10 points from 2011.

Researchers concluded more than half of the country's immigrants will be of Asian origin within the next two decades, with a corresponding decline in the number of new Europeans.

Visible minority populations would make up a growing percentage of the working-age population, defined as people between the ages of 15 and 64, potentially doubling their share to 40 per cent of the age cohort, up from the almost 20 per in 2011.

The projections also suggest that by 2036, between 13 and 16 per cent of the population would be people from a non-Christian religion, up from the nine per cent recorded in 2011.

THE CANADIAN PRESS

A new citizen sworn in at a ceremony in Toronto April 24, 2014.
TORSTAR NEWS SERVICE

BY THE NUMBERS

30
Proportion of immigrants in Canada could reach 30 per cent in 2036.

50
Researchers say more than 50 per cent of immigrants will be of Asian origin.

20
Per cent of the population in 2036 that could be children of immigrants.

16.1
Per cent of the 3.7 million people in Canada born abroad in 1871.

KINDER MORGAN PIPELINE

First Nation will defend its water

David P. Ball
Metro | Vancouver

A small First Nation in B.C.'s Interior has warned Ottawa it won't let its drinking water supply be risked without a fight, potentially even a Standing Rock-like standoff, its chief said.

And according to a joint federal-provincial letter obtained by Metro, Ottawa acknowledged the risk to Coldwater band's aquifer from Kinder Morgan's Trans Mountain pipeline — just one day before approving it in November.

"These guys have a good case," said the band's lawyer Matthew Kirchner in an interview, who filed a judicial review challenge to Ottawa's decision for the band earlier this month. "We know there's a real threat.

"There's uncertainty about what the impacts would be on their water system — their aquifer — and it's essential to understand."

Addressing the aquifer issue for the First Nation is one of the conditions of the Crown's project approval.

INFRASTRUCTURE

Federal buildings in capital crumbling

Adam Kveton
For Metro | Ottawa

Nearly 18 per cent of federally owned buildings in Ottawa are in critical or poor condition.

That's according to the federal government's own list of its buildings, the Directory of Federal Real Property. Of more than 1,700 buildings, 104 are in critical condition, while more than 200 are in poor condition.

These include office spaces and residences, as well as things like barns, sheds and silos.

For a building to be in "critical condition," the reinvestment needed to bring it back up to scratch is estimated to be greater than 30 per cent of its replacement value, according to the Treasury Board of Canada Secretariat.

> "Government efforts to realize savings have constrained annual maintenance."
> Nicolas Boucher

There will be decades of construction on the buildings of Parliament Hill. RICHARD LAUTENS/TORSTAR NEWS SERVICE FILE

Some critical condition buildings include the former Bank of Canada building, the RCMP headquarters, the Supreme Court, several Central Experimental Farm buildings and the Sir Charles Tupper Building.

"Risk of building and building systems failure is high," reads another part of the treasury board's definition of critical.

For a building to be listed as poor, "some or all asset systems are compromised or show serious signs of deterioration. Risk of some systems failure is likely," and the investment needed is between 10 and 30 per cent of replacement value.

The government's real property manager, Public Services and Procurement Canada (PSPC), said that the growing number of critical-condition buildings is due to both age and a lack of funds.

With the government investing $3.4 billion over five years to maintain and upgrade federal infrastructure assets, the PSPC has been able to implement "major renovations in many of its critical assets," said spokesperson Nicolas Boucher.

Pope takes over Knights

RELIGION

End of order's sovereignty sparked by condom tiff

Pope Francis on Wednesday seized control of the Knights of Malta, an action that amounts to one sovereign country annexing another. Here's what led to the takeover.

WHO ARE THEY?
The Knights of Malta is an ancient lay Catholic religious order that runs hospitals and clinics around the world. They trace their history to the 11th-century Crusades and are known for the aristocratic lineage of their members, their fancy, fringed uniforms, and the big Maltese cross that adorns their liturgical robes.

WHAT'S BEHIND THE DISPUTE?
The headline-grabbing issue that prompted the takeover involves condoms: Several years ago, the order learned that its charity branch Malteser International was involved in aid programs that were distributing thousands of condoms in Myanmar.

Grand Master of the Knights of Malta Matthew Festing resigned Wednesday in a bitter dispute with Pope Francis. THE ASSOCIATED PRESS FILE

The order's health minister at the time, Albrecht von Boeselager, stopped two of the three programs immediately and the third after the Vatican intervened. Boeselager went on to be elected grand chancellor.

The Knights' leader, Matthew Festing, asked Boeselager to resign Dec. 6. Boeselager refused, and Festing opened a disciplinary process against him and suspended him.

ENTER THE POPE
The Vatican announced Dec. 22 that Francis had named a five-member commission to investigate Boeselager's ouster. The Knights refused to co-operate, citing their sovereignty and insisting that the pope had no business interfering since the removal of Boeselager was an act of internal governance. The Vatican doubled down. On Wednesday, the Vatican announced that Festing had resigned and that a papal delegate would be named to run the order.

THE BIGGER PICTURE
The showdown has unfolded against the backdrop of Francis' increasing clashes with more conservative elements in the church, especially those for whom sexual ethics and doctrinal orthodoxy are paramount.

It once again pitted Francis against Cardinal Raymond Burke, a leading conservative and critic of Francis and one of four cardinals who have publicly called for the Pope to clarify his position on the divisive moral issue of whether civilly remarried Catholics can receive Communion.

On a more personal level, Francis has made clear he loathes the aristocratic pomp that the Knights relish.

THE ASSOCIATED PRESS

GAMBIA

President coming home

Gambia's new president finally comes home on Thursday, a week after taking the oath of office outside the country during a whirlwind political crisis that sent the tiny nation's longtime leader into exile.

President Adama Barrow is set to arrive from neighbouring Senegal, where he has waited out the chaos for his safety, a spokesman for the coalition backing him confirmed.

Gambians eagerly await Barrow, who has promised to reverse many of the actions taken by former leader Yahya Jammeh. Barrow defeated Jammeh in December elections that the ruling party challenged.

Jammeh finally left the country over the weekend, ending a more than 22-year rule. He has been accused of leading a government that suppressed opponents with detentions, beatings and killings.

A West African regional military force that was poised to oust Jammeh if diplomatic talks failed has been securing Gambia for Barrow's arrival.

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Sexist posts on women's marches backfire

A school board member in Hillary Clinton's hometown resigned after making a derogatory reference on Twitter to the female anatomy in describing women marching against President Donald Trump. An Illinois teacher was pulled from the classroom for a tweet deemed sexist. And a freshman Indiana lawmaker was inundated with criticism over a Facebook post mocking "fat women."

These are a handful of examples from across the U.S. of mostly male public officials who have been reprimanded, called out or disciplined over social media postings about the women's marches around the globe last weekend.

The rash of incidents highlight how nasty political discourse has become since the divisive presidential election. But in an era when Trump made lashing out against "political correctness" central to his appeal, the consequences these officials face for unfiltered use of social media once again demonstrate that what you say on the Internet still can hurt you.

It's also not strictly a partisan issue. A writer for Saturday Night Live was suspended this week after writing an offensive tweet about Trump's 10-year-old son Barron.

Still, the number of incidents following the women's marches, which packed public squares in blue states and some red as well, has put a few elected officials and supervisors in an awkward spot. And it's not clear where to draw the line. THE ASSOCIATED PRESS

DAY 6
DONALD TRUMP'S ADMINISTRATION

President Donald Trump began rolling out a series of measures on immigration Wednesday, signing executive actions calling for construction of a border wall, stripping support for sanctuary cities, and many more. Here is a look at some of his recently announced plans and some of the difficulties he could encounter. THE ASSOCIATED PRESS

U.S. President Donald Trump displays an executive order he signed during a visit to the Department of Homeland Security. GETTY IMAGES

1 BORDER WALL

Trump directed the Homeland Security Department to start building a wall at the Mexican border. A 2006 law gives Trump the authority to proceed with construction, but he will need billions of dollars from Congress. He says Mexico will ultimately pay for the wall, but Mexico insists it won't. Environmental groups and some landowners will likely try to block the plan.

2 SANCTUARY CITIES

Trump announced a crackdown on cities that don't co-operate with federal immigration authorities, pledging to strip them of federal grant money. But the administration may face legal challenges to any efforts to force co-operation. Some federal courts have found that local jurisdictions cannot hold immigrants beyond their jail term or deny them bond based on a request from immigration authorities.

3 VISA RESTRICTIONS

Trump says he will suspend the issuance of U.S. visas in countries where adequate screening cannot occur and suspend immigrant and non-immigrant entry for citizens of countries of particular concern for 30 days. Federal law gives Trump broad authority to suspend immigration for groups of people whose entry is "detrimental to U.S. interests." He is expected to suspend any immigration, including for refugees, from Syria.

4 REFUGEE RESTRICTIONS

Trump is proposing to reduce the maximum number of refugees by more than half, to 50,000, for the budget year ending in September. Trump has the authority to set the limit of how many refugees can be admitted annually. He can also suspend refugee processing. Refugee processing was temporarily suspended under President George W. Bush in the immediate aftermath of the Sept. 11 attacks.

5 EPA SCIENCE SCRUTINIZED

The Trump administration is scrutinizing studies published by scientists at the Environmental Protection Agency, and new work is under a "temporary hold." The communications director for Trump's transition team at EPA, Doug Ericksen, said the review extends to all content on the agency's website, including details of scientific evidence showing that the Earth's climate is warming and man-made carbon emissions are to blame.

6 INTERVENTION IN CHICAGO

Tuesday night, Trump declared he was ready to "send in the Feds" if Chicago can't reduce its homicides. But Mayor Rahm Emanuel warned against deploying the National Guard, saying it would hurt efforts to restore trust in the police. Trump gave no details on what kind of federal intervention he was suggesting, but Emanuel cautioned that using the military could make matters worse.

metro VIEWS
Your essential daily news
Thursday, January 26, 2017

CHANTAL HÉBERT ON ELECTORAL REFORM

What is certain is that the consultation reinforced neither the prime minister's preferred option nor the notion that he has the social licence to act unilaterally and impose a system of his own choosing.

With every new development on the electoral reform front the disconnect between Prime Minister Justin Trudeau's words on the promised introduction of a new voting system and his government's actions is more glaring.

Such was again the case this week as the government reported on the public response to the online consultation it held over the holiday season.

The discretion that attended the release was inversely proportional to the fanfare that had attended the launch of the exercise last month. It failed to inspire a 140-character tweet to flag its existence from Karina Gould, the incoming minister of democratic institutions.

That may be because a mountain predictably gave birth to a mouse. Although an invitation to participate in the consultation was mailed to every household, less than 3 per cent — or about 400,000 people — answered the call.

Or it may be because the answers were not the ones Trudeau was hoping for.

Despite the obvious limitations of the exercise, the result did offer some insights a government looking to craft a consensual narrative on a new voting system could use.

For instance, almost three quarters of respondents agreed that government policies should take into account the input of several parties, even if — as was pointed out in the questionnaire — it might take longer to get things done.

Sixty-eight per cent believed that a majority government should be open to compromise to the point of reconsidering, if need be, some of its policies.

APATHY: CHECK A survey of Canadians' feelings on voting systems revealed we're not on the verge of taking to the streets to demand electoral reform, Chantal Hébert writes. THE CANADIAN PRESS

It is not hard to find between the lines of those answers a healthy dose of skepticism towards the false majorities that the first-past-the-post system produces or the winner-take-all attitude that often results from them. There seems to be a significant market for a less adversarial more constructive modus vivendi between the government and the opposition parties.

Neither of the above made the list of key findings of the executive summary. One had to dig into the report to find them.

In their wisdom its authors chose instead to give pride of place to the response to what may have been one of the least illuminating questions in the consultation, i.e. the relative satisfaction of a majority of respondents with the state of Canada's democracy.

For the record, by far the largest group — 50 per cent — was only somewhat satisfied.

On its face, that finding is too generic to draw a conclusion other than that Canadians are not on the verge of taking to the streets to change the voting system.

But based on the strength of the support for a more collaborative governance process, it is possible to infer that the satisfaction of a good many respondents might be less qualified under a system liable to force more co-operation on the various parties. Proportional representation fits that particular bill.

It may be that those who filled the questionnaire were those who are most eager to move to a more proportional voting system. Advocates of a reform along those lines did dominate the public hearings held by a parliamentary committee last year. Only a minority favored the ranked ballot that Trudeau is on the record as liking.

What is certain is that the consultation reinforced neither the prime minister's preferred option nor the notion that he has the social licence to act unilaterally and impose a system of his own choosing.

What, if anything, the government will do with those results is anyone's guess.

No one can even say for certain whether the appointment of a new minister of democratic institutions earlier this month was meant to restore some momentum to the file or to recruit fresh hands to bury it.

Chances are Gould does not know herself or at least she did not at the time of her appointment. On the heels of her accession to cabinet, the rookie minister refused to repeat Trudeau's promise that the 2015 election would be the last to be held under the first-past-the-post system.

By all indications, Gould, like her predecessor Maryam Monsef, has not been given anything approaching a free rein with the file. Perhaps she was waiting on an updated mandate letter from the Prime Minister's Office to figure out what her marching orders actually are.

As an aside, absent an ambitious electoral reform project, how does one justify the existence of a stand-alone democratic institutions ministry now that the transition to a more independent Senate is well underway?

Absent an ambitious electoral reform project, how does one justify a stand-alone democratic institutions ministry?

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

Welcome to Dark Riverdale, where Archie goes rogue

Dave Berry
For Metro

A mother forcing pills on the girl next door. A respectable local businessman with ties to organized crime. A sexpot school teacher carrying on an affair with one of her underage students.

Yes, it's just another day in Riverdale, home of Archie and the gang for 80 years and namesake of a dark and sexy teen murder-mystery that premieres on the CW in the U.S. on Thursday and on Netflix in Canada on Friday.

For people who tend to think of Archie's problems as more of the I-spilled-a-milkshake-on-my-sweater-vest variety, the show will be as surprising as a bolt of lightning from the technicolour-blue cover of a Double Digest. It's the most mainstream iteration of a decade-long attempt to modernize Archie, which has seen the quintessential teenager gradually shed his gee-wilikers roots and step saucer-eyed into a new century.

Most of this work has appeared in Archie Comics themselves, new management having shaken off the idealistic malaise that kept the comic chugging for more than half a century. Archie has gotten married, dealt with the ennui of adulthood, met the first gay person in Riverdale — then died saving him from an assassination attempt. Even his best pal, Jughead, came out as one of the first asexuals openly depicted in mainstream pop culture.

If the obvious motive here is profit — you can only make so much money off things people fondly remember from childhood — the tactics of bringing Archie up-to-date suggest some interesting things about what we'll buy these days. It's not just a makeover that Archie has needed, but a wholesale change of milieu: a simple and idyllic world simply isn't going to fill Pop's Chocklit Shoppe anymore.

Part of why we reject old-line Archie is that it's a vision of how we might like things to be. We know that things were never so simple, that a more complex world has always existed under the bright colours. And yet the new interpretations are still aspirational (see: Archie's brand new abs); it's just now they must sneak under our defences with a nod to uncomfortable realities.

Of course it might just be matter of target audience: it should probably go without saying that Riverdale is being made for a young demographic, one that's in the process of moving from the bleak, unrelenting morass of selfish teenaged anxiety toward the bleak, unrelenting morass of slightly less selfish adult chaos. The thirst for darker stories might not be a cultural shift so much as a generational one.

In which case, one day, soon enough, the kids will get to look back on the time Archie was screwing his teacher in the wake of one his friends being murdered and marvel at how simple it all seemed back then.

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Subversive style

Nichole Jankowski/For Metro

Trends don't happen in a vacuum. What walks down the runway for 2017 is directly influenced not just by the seasons that came before, but also by the economy and political climate.

'80S POWER SUITS

If the popularity of Netflix series Stranger Things wasn't enough of a hint, a look to the runway will tell you that the eighties are back in full force. This trend is best illustrated in the wide shoulders and power suiting prominent in both men's and women's collections — and as seen here on the street in Istanbul.

BUY NOTHING AT ALL

Fashion may have a reputation for being elitist, but Georgian designer Demna Gvasalia just handed the power back to the people. For Balenciaga, Gvasalia sent outfits inspired by office workers down a runway of drab commercial carpeting. The populist message was driven home by an altered version of Bernie Sanders' campaign logo on designs. For Vetements (pictured top), 36 looks of stereotypical everyday dress were presented. There was a punk, an emo, a couch potato, a southern gentleman, PTA parents and pensioners. It was a show about identity, diversity and unity. This is the most subversive — and empathetic — menswear trend of 2017: it requires that you purchase nothing at all.

STATEMENT SLEEVES

An emphasis on arms began in streetwear collections a few seasons ago, but those graphic sleeves and stretched-out knits now seem mild in comparison to this year's trend of voluminous leg of mutton, bell and puffed sleeves. Marc Jacobs, Gucci, Saint Laurent, Simone Rocha and Marques Almeida (pictured left, beside DJ Mia Moretti in pink) all showcased these exaggerated silhouettes.
Pick a less structured fabric like cotton or a soft knit to make the look more wearable.

ALL PHOTOS GETTY IMAGES

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Comic icon leaves legacy

Mary Tyler Moore, one of the first sitcom career-woman heroines, has died

Mary Tyler Moore had an unerring gift for comedy; perfectly fashioned to the smarter wit of the post-Eisenhower age. The actress died Wednesday at the age of 80. TORSTAR NEWS SERVICE FILE

Mary Tyler Moore, the star of TV's beloved The Mary Tyler Moore Show whose comic realism helped revolutionize the depiction of women on the small screen, has died.

Moore died Wednesday with her husband and friends nearby, her publicist, Mara Buxbaum, said. She was 80.

Moore gained fame in the 1960s as the frazzled wife Laura Petrie on The Dick Van Dyke Show. In the 1970s, she created one of TV's first career-woman sitcom heroines in The Mary Tyler Moore Show.

She won seven Emmy awards over the years and was nominated for an Oscar for her 1980 portrayal of an affluent mother whose son is accidentally killed in Ordinary People.

She had battled diabetes for many years. In 2011, she underwent surgery to remove a benign tumour on the lining of her brain.

Moore's first major TV role was on the classic sitcom The Dick Van Dyke Show, in which she played the young homemaker wife of Van Dyke's character, comedy writer Rob Petrie, from 1961-66.

With her unerring gift for comedy, Moore seemed perfectly fashioned to the smarter wit of the new, post-Eisenhower age. As Laura, she traded in the housedress of countless sitcom wives and clad her dancer's legs in Capri pants that were as fashionable as they were suited to a modern American woman.

Laura was a dream wife and mother, but not perfect. Viewers identified with her flustered moments and her protracted, plaintive cry to her husband: "Ohhhh, Robbbb!"

> **She'll last forever, as long as there's television.**
>
> Carl Reiner, who created the The Dick Van Dyke Show

Moore's chemistry with Van Dyke was unmistakable. Decades later, he spoke warmly of the chaste but palpable offscreen crush they shared during the show's run.

But it was as Mary Richards, the plucky Minneapolis TV news producer on The Mary Tyler Moore Show (1970-77), that Moore truly made her mark.

At a time when women's liberation was catching on worldwide, her character brought to TV audiences an independent, 1970s career woman.

Mary Richards was comfortable being single in her 30s, and while she dated, she wasn't desperate to get married. She sparred affectionately with her gruff boss, Lou Grant, played by Ed Asner and addressed always as "Mr. Grant." And millions agreed with the show's theme song that she could "turn the world on with her smile."

The show was filled with laughs. But no episode was more memorable than the bittersweet finale when new management fired the entire WJM News staff — everyone but the preening, clueless anchorman, Ted Baxter. Thus did the series dare to question whether Mary Richards actually did "make it after all."

The series ran seven seasons and won 29 Emmys, a record that stood for a quarter century until Frasier broke it in 2002.

Mary Richards "certainly was never a character that I had to develop when we were doing the show," Moore said in a 1995 interview with The Associated Press. "Everything I did was by the seat of the pants. I reacted to every written situation the way I would have in real life."

Moore won her seventh Emmy in 1993, for supporting actress in a miniseries or special, for a Lifetime network movie, Stolen Babies. She had won two for The Dick Van Dyke Show and the other four for Mary Tyler Moore.

In 2012, Moore received the Screen Actors Guild's lifetime achievement award.

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The winter blues aren't a problem at The Forks, in fact all aspects of the coldest season of the year—the snow, the ice, and even the frigid temperatures—are celebrated at The Forks' Arctic Glacier Winter Park.

Arctic Glacier Winter Park has everything a winter warrior needs to have fun in the snow—a kilometre of skating trails, a snowboard park, a toboggan hill, two skating rinks, and the Great-West Life Snow Lounge offers revelers a spot to relax beside the stairs to The Port—and The Forks offers free programming at the park every Sunday afternoon.

"The programming adds a little extra to everything that's already going at the park," explains Chelsea Thomson, manager of marketing and communications with The Forks North Portage Partnership. "The activities are all perfect for families and Winnipeggers of all ages who are looking to embrace winter."

The special programming includes the chance to join Aboriginal elders inside two teepees to hear traditional stories and learn how to make bannock while warming up around a fire. The Indigenous programming, sponsored by Investors Group, runs from 1:30 p.m. to 4:30 p.m. every Sunday.

There are also horse-drawn wagon rides running every 20 minutes or so, and DJs Hunnicutt and Co-op can be found spinning tunes for skaters under the Canopy Skating Rink from 2 p.m. to 4 p.m. (weather permitting) for a Sunday ice-skating jam they've dubbed Soul on Ice.

But if going down a hill with a board strapped to your feet is more your speed, the Sunday programming also includes free snowboard lessons at the Snowboard Hill from 1:30 p.m. to 3:30 p.m., with a certified snowboard instructor on hand to offer tips and instructions to boarders of all skill levels.

And once the winter weather gets to be a little much Thomson says The Common at The Forks Market is a perfect spot to stop and warm up over a hot chocolate or maybe even a craft beer or a glass of wine.

Snowboarders hit the Snowboard Hill at The Forks' Arctic Glacier Winter Park. SUBMITTED

The Arctic Glacier Winter Park's Sunday programming will run every weekend until Feb. 28, go to theforks.com/winterpark for full details.

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BUDGETING

How to recover from a holiday spending hangover

Ryan Starr

Once the bills are sorted, the budget's created, and spending has been curbed, consider other ways you could generate income. Maybe there's a small business waiting on the horizon. ISTOCK

If you had a heavy-spending holiday season, racking up credit card debt and overdraft charges as you partied and gifted to your heart's delight, you're likely looking to get things in order now the new year's here.

While it can be difficult to recover when you're facing a mountain of debt, the situation can be avoided next year with a bit of planning and discipline starting now.

"It's just like a diet," says financial literacy consultant and best-selling author Robin Taub. "Better to eat in moderation throughout the year than to try to lose excess pounds you put on throughout the holidays."

Here are some ways to get your personal finances back in shape.

Analyze spending

It's essential that you have a full understanding of where all your money is going. "If you think you're spending $100 a month off entertaining but it turns out you're spending $400," says Wade Stayzer, vice-president of sales and service with Meridian Credit Union, "then you've got a gap you need to address by shifting your priorities or finding dollars somewhere else. Take advantage of online tools that enable you to track spending and to set up alerts (via text or e-mail) to notify you when you're approaching a low balance in your bank account, or over-spending in a particular category. Taub recommends drawing up a personal net worth statement, calculating everything you own versus the debt you owe. "Then you'll really know where you stand."

Make a budget

Once you have a good picture of how you spend, it's time to create a budget, the cornerstone of any sound financial plan. But a budget only works properly if you stick to it. "It's like going to the gym," says Stayzer. "Make some progress and it becomes habit-forming." There are online tools that help you to create a budget. Look at ways to save on monthly fixed costs, such as your cable TV/Internet/wireless package or insurance policies, whether it's home, auto or life. Shop around and find ways to cut back on your monthly expenditures "Things are more negotiable than you might realize," says Taub. If you're overwhelmed by all this, don't be afraid to ask for help. A qualified financial advisor can walk you through your spending plan and ensure you're being realistic about your budget, and offer tips on how to better handle your finances.

Pay down debt

High interest credit card debt can be a killer. So paying this off must be your top priority. Try to pay down as much as possible, not just the minimum monthly amount. Ideally you should strive not to carry any credit card balance, as interest rates and penalties for late payments are hefty. If you must, look into opportunities to consolidate your multiple credit card debts at a lower interest rate. Once you're paid down your credit card debt, Stayzer recommends that going forward you transfer money from savings or chequing accounts after you've spent on your cards, especially online, where it can be harder to keep track of expenditures.

Start saving

With debt addressed, it's time to start saving. The recommended approach is to make regular contributions throughout the year, and the golden rule is to pay yourself first, ideally by setting up automatic transfers to a savings account, such as a Tax Free Savings Account or Registered Retirement Savings Plan. "Then you figure out how to live with the money that's remaining," says Taub. "But you won't have the problem at the end of the year where you need to scrape together money for your RRSP, because it's already done."

If your company has a pension plan, with matching employer contributions, it's best to max this out to take full advantage. If you're setting up a personal RRSP, make use of "robo-advisor" services — online platforms that can help you to determine your investing objectives, experience, tolerance for risk, and time horizon, and then create a personalized portfolio for you that's tailored to meet your needs.

Earn more

You've taken your personal finance snapshot and created a budget, but now you're feeling limited by it. So why not look at ways to make extra money. If you're a salaried employee, ask for a raise. If you're an hourly worker, request more hours. "Or some people have side hustles, jobs they do on the side," Taub says.

That side hustle could eventually be turned into a burgeoning small business, and who knows where things could go from there.

For a fun way to fatten up your savings account, take Stayzer's 52-week challenge: put away $1 the first week, $2 the second, all the way to week 52, when you'll have racked up $1,400, and likely not even noticed.

"You should have fun with savings," he says. "It doesn't have to be all toil and trouble."

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Budget bytes as money managers

FINANCIAL GOALS

The best apps to help keep your spending on track

Marc Saltzman

Just because you can afford a fancy smartphone — and accompanying data plan — doesn't mean you've got money to burn, especially since those post-holiday credit card bills rolled in.

The good news is there are many free money management apps that can get you back on track — taking weight off your wallet, while tracking your spending throughout the year.

Considering half of Canadians are spending all or more of their pay cheques, according to a recent Canadian Payroll Association survey, why not get all the free help you can get?

One or more of the following freebies – accessible directly through your smartphone – may be all you need to keep on budget. Perfect for those whose New Year's resolution was to get their finances under control.

Here are a few recommendations:

Mint

Just like the website it's based upon, Intuit's Mint app helps you set budgets, track expenses, and reach financial goals. Easily see what you're spending (and saving) through colour-coded lists, charts and graphs, plus you can track your bank account and credit card balances in real-time, follow investments (including RRSP contributions and balances), and even break out your expenditures by category. Choose to receive alerts when it's time to pay a bill or if you've exceeded your budget. See your credit score, export spreadsheets, and glance at info on your smartwatch. Another convenient feature: a weekly summary email of your money, along with a tab that shows the history of your spending, income, and even net worth over time. Easy to use yet comprehensive in its scope, Mint could be a powerful tool in your arsenal.

moneyStrands

Another smart money management app, moneyStrands lets you instantly and securely access bank and credit card accounts, set budget targets (segregated into categories, such as bills, groceries, car, home, etc.), input dates in a calendar to pay bills (or better yet, have the payments made automatically), track your investments, and see money exchange rates from around the world. If you're saving for something big, such as a vacation, you can also use moneyStrands to set a target and track your progress as you work towards your financial goal. Like Mint, you can set up various alerts on your phone or tablet for important finance-related reminders, glance at your financial health with colourful charts and graphs, and this app can also synchronize with the more robust moneyStrands website.

Receipts by Wave

Ideal for freelancers and small businesses, the Toronto-based Receipts by Wave helps you track and categorize all of your paper receipts and, if desired, export them into Wave's free cloud-based accounting software. Specifically, after signing up for a free account, the first step is to use your phone's camera to snap a photo of your receipt, invoice or bill. The OCR (optical character recognition) technology will then process the info and automatically digitize its dollar value, date and other information (you can make changes, if data processed is not 100 per cent correct). Next, select which category the receipt belongs to, such as parking or restaurants. You can submit your receipts via the app, uploaded from the web, imported from cloud accounts (like OneDrive, Google Drive or Dropbox), or emailed to receipts@waveapps.com.

Flipp

Also from Toronto is Flipp, a shopping app designed solely to help save you money. As the name suggests, Flipp lets you use your fingertip to flip through hundreds of flyers from nearby retailers — whether it's a supermarket, clothing chain, department store, big box electronics outlet, home improvement centre, and so on — and you'll be able to see and virtually clip the sales offered at these locations.

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Wirelessly print coupons, save deals to a shopping list, and even read reviews or watch product videos. What's more, you can load up all your loyalty cards, such as Shopper's Optimum and the SCENE card, so you don't need to carry all that plastic with you to the mall; the cashier simply scans your phone for you to collect the rewards. For online shoppers, the eBates app and website gives you a percentage back on purchases made online at (many) participating stores.

MARC SALTZMAN

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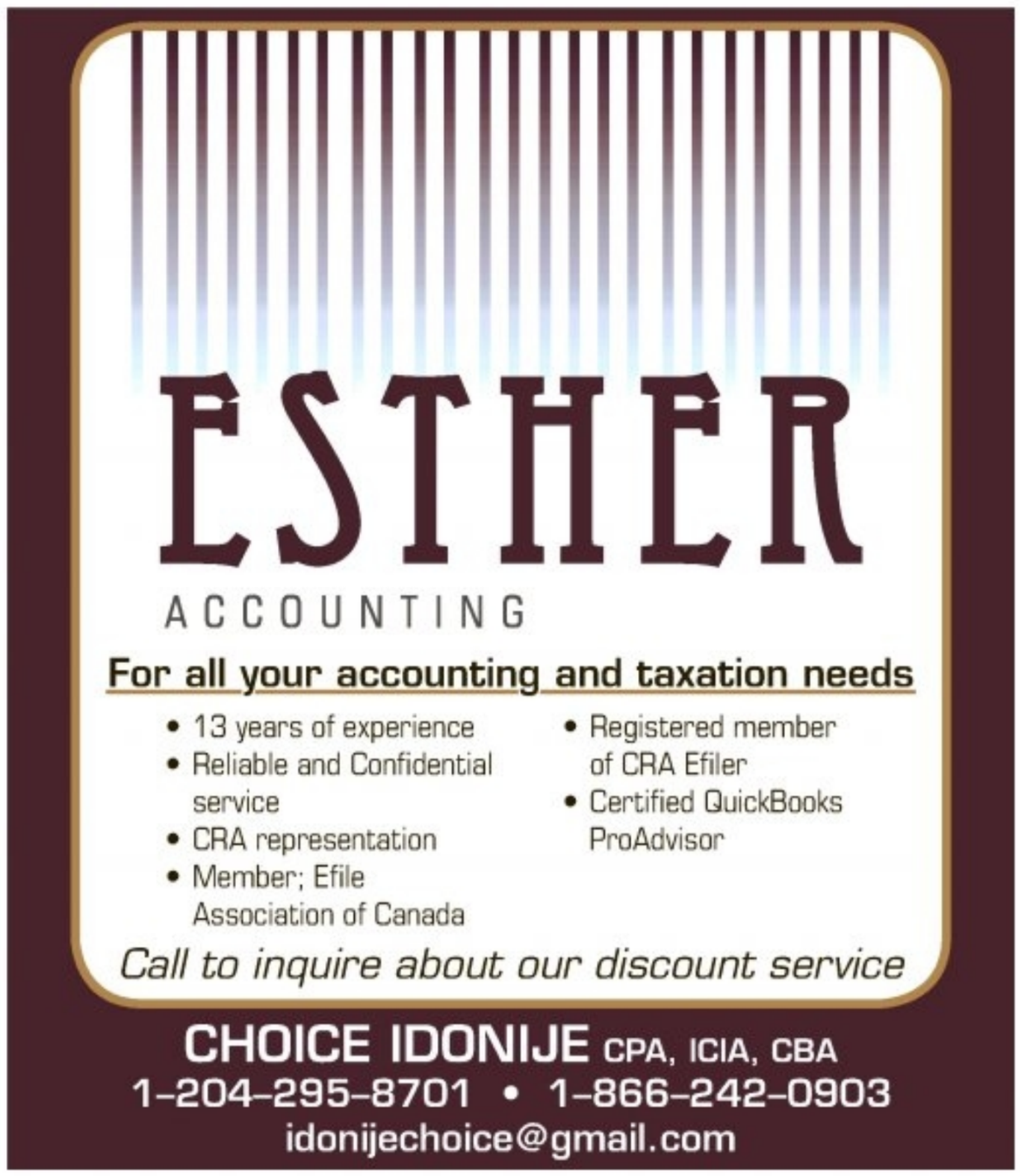
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metro HOME

Your essential daily news

Anyone? Lil' Wayne's Miami Beach house has been on the market for almost two years

MEET THE CONDO

Eco-living made easy

CONTRIBUTED

Project overview

This green development includes eco-friendly building materials, a geothermal heating and cooling system for low energy costs, and a location that's right next to the Southwest Transitway and active transportation corridor.

Housing amenities

Each unit has a private entrance and large private balconies or patios. Large and plentiful windows provide lots of natural lights, and high end finishes like quartz countertops and subway tiles give the kitchen and bathrooms a luxury feel.

Location and transit

One of the city's first true transit-oriented developments, Jubilee offers residents access to rapid bus service right outside their front doors. A dedicated bike path runs north to downtown or south to the University of Manitoba.

In the neighbourhood

The nearby shops and services of South Osborne include some of the city's most celebrated pizza (Vera Pizzeria), tacos (BMC Market) and cocktails (Blind Tiger). A neighbourhood park with a playground and sports fields is across the street.

NEED TO KNOW

What: Jubilee Winnipeg
Builder: Sunstone Group
Designer: Sunstone Group
Location: 860-880 Rathgar Avenue
Building: Townhome-style condos
Sizes: 1,530 square feet to 1,657 square feet
Pricing: Starting at $229k
Model: Three bedrooms with 2.5 baths
Status: Under construction
Occupancy: Mid-2017
Phone: 204-489-4500
Website: jubileewinnipeg.ca

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BE PART OF A TIGHT-KNIT COMMUNITY

If you're looking for a new home, there's a place just beyond the bustle of the city where you can find a lot more space, with a welcoming neighbourhood feel.

Oak Bluff West is a collection of new homes located where McGillivray meets the Perimeter Highway, and residents there are already forming a collaborative and tight-knit community.

"Lots of residents know their neighbours, and kids play on the local streets freely and at the playground," says Sarah Anderson, communications and neighbourhood liaison for Qualico Communities, the developer of Oak Bluff West. "There's already a strong sense of community here, and it's growing as more residents move in."

Oak Bluff is set to double in size this year. More than 175 new homes are either completed or under construction in the new development, in addition to the 170 homes in the original Oak Bluff community. Homebuyers can choose from seven homebuilders to design their custom home, or work off an existing floor-plan. Large lots allow for homes to be designed with space, style and functionality.

The reason Oak Bluff is getting so much attention? It's the perfect place for Winnipeggers who are looking for a departure from city life.

The development is located in the town of Oak Bluff, which more and more Winnipeggers are getting to know as an idyllic, family-friendly haven just a short drive from the city.

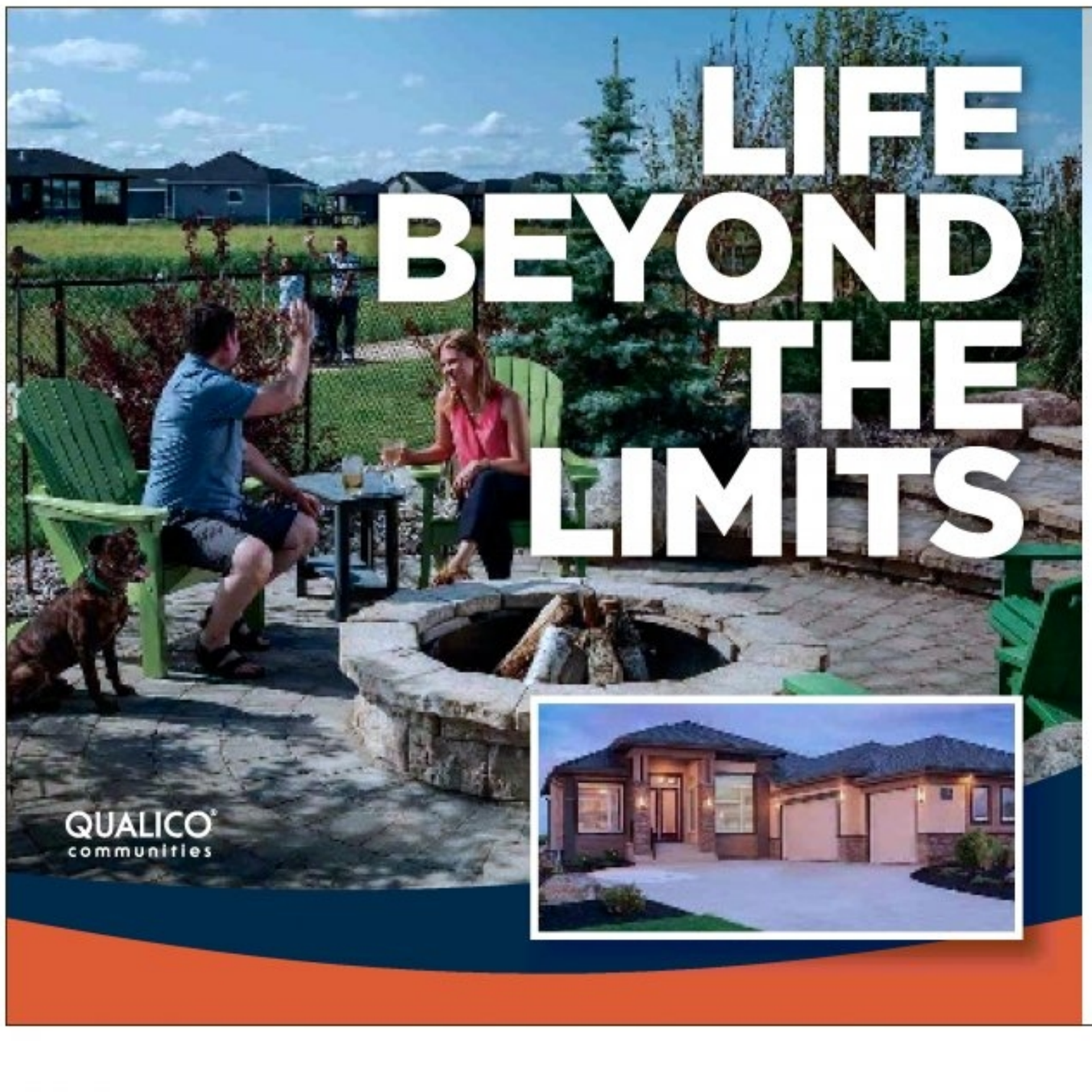
"Our residents are finding this is a great place to move for a growing family, or to downsize into a low-maintenance, bungalow condo," says Anderson.

Residents at Oak Bluff have everything they need at their fingertips.

For those with young families, a new road within the community provides access to the Oak Bluff Community School and daycare. The local recreation centre, seniors' club and diner are also easily accessible within the mature town. Residents have the great outdoors at their doorsteps too, with immediate access to wetlands and country trails.

Interested homebuyers are invited to tour the four show homes at Oak Bluff. Show Homes are open on Tuesday and Thursday from 5–8 p.m., on Saturday and Sunday from 12–5 p.m., or by appointment.

CONTRIBUTED PHOTOS



A CONNECTED COMMUNITY WITH PLENTY OF ROOM TO STRETCH AND GROW

At Oak Bluff West you can leave the rush of the city behind, while all of life's more urban pursuits are still just a stone's throw away.

GREATER OPPORTUNITIES Building your home on our wider-than-average lots gives you a deeper yard, increased interior light and a surprising amount of design flexibility.

Roam our limestone trails and even walk your kids to the established K-8 school or Rec Centre. Expand your horizons with wide-open views of naturalized wetlands and prairie countryside all around you. Plus, you'll get a good deal more for your investment – from excellent lot value to lower property taxes.

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metro SPORTS

Usain Bolt has lost one of his nine Olympic gold medals in a doping case involving Jamaican relay teammate Nesta Carter

Any new deal must be earned by Maurice

VIEW FROM THE 300S

Andrew 'Hustler' Paterson

Paul Maurice and the Jets are struggling to remain relevant in the playoff chase ahead of this weekend's all-star festivities. TREVOR HAGAN/THE CANADIAN PRESS

With the NHL All-Star game set for this weekend in L.A., the Winnipeg Jets, with the exception of rookie phenom Patrik Laine, who will represent the Jets at the game, will have a few days off to get away from the hockey before the final stretch of 30 games gets underway after the break.

Meanwhile, I would expect GM Kevin Cheveldayoff and coach Paul Maurice will spend some time evaluating how things have gotten to this point for their hockey club, on the verge of another lost season.

While a number of teams in the Western Conference wild-card race have struggled as of late there was a glorious opportunity over January for the Jets to make a run and get back in the race. Unfortunately for the team and their fans, it just hasn't happened.

There have been all sorts of theories this year on why the Jets haven't been able to take the next step forward. A very tough schedule, injuries and goal-tending issues have all been part of the disappointing results, as well as the youth of the team. None of these issues are unique to the Jets who seem to have a much harder time dealing with the adversity of the season than many other NHL clubs.

Also frustrating for fans, and probably management, has been how other very young teams such as the Columbus Blue Jackets and Toronto Maple Leafs have taken massive leaps forward this season while the Jets seem to be stuck in neutral.

The Jets' numbers for this season tell the story: Twenty-eight out of 30 teams in points per game. Dead last in goals against. Second in the league in minor penalties. Twenty-seventh in penalty killing. Not to mention a mind boggling 1-17-2 record over the last two seasons after winning consecutive games. Some of the numbers might look a little better when a few teams catch the Jets in games played, but you get the point.

Maurice in particular is feeling some heat from fans and media on the performance of his squad. And rightly so. The coach has to shoulder some of the blame for a team that seemingly has more talent than we have seen in the past but languishes again in the bottom tier of the league in points in the standings.

There has been some talk from some well-connected NHL insiders that Maurice is in line for an extension before next season, which would be the final year of his four-year deal to coach the team. Selling that now to a fan base growing more disgruntled and impatient by the month will be a tough one without some signs of improvement on the ice and in the standings.

I'm not suggesting the Jets fire Paul Maurice, but assuming he is back next season, it should be a "prove it" year for a new deal.

Much like Bombers' coach Mike O'Shea who last year entered the season in the last year of his contract in a produce-or-else situation, Maurice should first show he's indeed the man to turn this thing around and take the Jets forward beyond his current contract before getting a new one. We haven't seen that yet.

AUSTRALIAN OPEN

Injury and Nadal spoil Raonic's party

Canadian tennis star Milos Raonic limped out of the Australian Open on Wednesday after a nagging thigh injury flared up during a quarter-final loss to Spanish star Rafael Nadal.

Raonic, the third seed from Thornhill, Ont., was trying to repeat his best showing at the Grand Slam tournament by reaching the semifinals for a second straight year. He lost to Andy Murray in the 2016 semis.

Many wondered if this was Raonic's year after top-ranked Murray and No. 2 Novak Djokovic were upset in earlier rounds.

It has been a struggle from the beginning, however, as Raonic came down with a cold early in the tournament and was bed-ridden for a day. His timing seemed slightly off against Roberto Bautista Agut in the round of 16, when he racked up 55 unforced errors and even uncharacteristically hurled his racket to the court midway through the third set.

Milos Raonic GETTY IMAGES

He appeared to be feeling better by Wednesday, but then had a recurrence of an adductor injury in the 6-4, 7-6 (7), 6-4 loss to Nadal.

Nadal returns to the final four at a Grand Slam tournament for the first time since winning the 2014 French Open. Nadal will play Grigor Dimitrov on Friday, the day after 35-year-old Roger Federer takes on 31-year-old Stan Wawrinka in an all-Swiss semifinal. THE CANADIAN PRESS

IN BRIEF

Liverpool fail to reach final

Liverpool's season is in danger of unraveling after Jurgen Klopp's team missed out on a place in the English League Cup final following a 1-0 loss to Southampton at Anfield on Wednesday.

Substitute Shane Long scored in injury time to seal a 2-0 aggregate win in the semifinals for Southampton, which reached the final of English football's second-tier cup competition for a second time. Manchester United face Hull in the other semifinal. THE ASSOCIATED PRESS

LeBron resolves Cavs issues

LeBron James has smoothed things over with his team and bosses — for now.

In the aftermath of calling Cleveland's roster "top heavy" and questioning the organization's commitment to winning a second championship following Monday's loss in New Orleans, James spoke one on one Wednesday with general manager David Griffin to discuss his assertions. "I think we both needed it," said Griffin. "I'm happy it happened." THE ASSOCIATED PRESS

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Gushue eyes more provincial glory

CURLING

N.L. skip has health, friendly crowds on his side in St. John's

Brad Gushue finished runner-up to Alberta's Kevin Koe in the gold-medal draw at last year's Brier in Ottawa.
ADRIAN WYLD/THE CANADIAN PRESS

Brad Gushue has won the Newfoundland and Labrador curling title in every season since 2007. Never has the pressure to repeat as provincial champion been greater than this year.

Gushue would love nothing more than to win his first Tim Hortons Brier in his hometown of St. John's this March. But in order to book a berth in the national championship, he'll need to win this week's provincial playdowns at the Bally Haly Country Club in the provincial capital.

The top-ranked Gushue will be a heavy favourite in the five-team field when play begins Thursday.

"Even though we're going to play against some teams that people across the country may have never heard of, they can play, they can compete," Gushue said. "And if we don't show up and play or take them for granted, they could beat us."

Gushue is still not quite in top physical form due to a hip/groin injury that kept him off the ice for the first few months of the season. He returned in early December and reached the semifinals at the National before winning the Canadian Open this month in North Battleford, Sask.

"I felt comfortable really quick," Gushue said of his latest performance. "Really right from the get-go I felt pretty confident in the ice and how I was throwing it. Then all of the sudden you get more and more confidence and it feels like you're getting your mojo back."

Most of the pain has gone away and now Gushue is working on improving his strength. He will also continue his regular physiotherapy and massage therapy sessions.

While it was tough to be away earlier in the season, Gushue said there were some positives to taking some time off.

"Going into the second half of the season, I feel much more energized at this point than I ever have in my career," he said in a recent interview from St. John's. "Generally come Christmas time, you're just anxious to get away from the game and try to recharge the batteries for the second half of the year. Whereas this year, I was itching to get back at it."

Gushue added that he feels mentally sharper on the ice. He also discovered that he really missed the sport.

"I love the game and it really showed me that I still have the drive to compete," he said.

St. John's is hosting the Brier for the first time since 1972. Kevin Koe, who beat Gushue in the final of last year's Brier in Ottawa, earns a direct entry in the Mar. 2-12 event at the Mile One Centre as the defending champion.

The women's nationals — the Scotties Tournament of Hearts — is set for Feb. 16-26 at the Meridian Centre in St. Catharines, Ont. THE CANADIAN PRESS

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NASCAR

Earnhardt Jr. has fresh perspective

There is nothing more tedious to a NASCAR driver than pre-season promotional work.

Consider Dale Earnhardt Jr. the rare exception. His turn Wednesday at the Charlotte Convention Center was like the first day of vacation for NASCAR's most popular driver. He was thrilled to be back after missing the second half of last season with a concussion.

Dale Earnhardt Jr.
GETTY IMAGES

"I'm excited to be here for media day, which is new for me this year," he said. "I'm excited for the season. It can't get here fast enough."

Earnhardt was cleared to get back in a race car in December and says he's eager to test-drive next week at Phoenix and get to Florida next month for the season-opening Daytona 500. THE ASSOCIATED PRESS

IN BRIEF

OF Jackson joins Cleveland

Free agent outfielder Austin Jackson has agreed to a minor league contract with the Cleveland Indians and will report to big league spring training.

Jackson, who turns 30 on Feb. 1, gives the Indians some outfield depth and insurance in case left fielder Michael Brantley isn't ready for the start of the season. Brantley played in just 11 games last season following surgery on his right shoulder.

THE ASSOCIATED PRESS

Malkin to miss all-star game

Pittsburgh Penguins centre Evgeni Malkin is dealing with a lower-body injury that will keep the Russian star out of Sunday's all-tar game.

Coach Mike Sullivan announced the injury on Wednesday, a day after Malkin played 18:27 in a 3-0 home loss to St. Louis. Malkin appeared to be in some discomfort after taking a hit from St. Louis' Joel Edmundson but did not miss a shift.

THE ASSOCIATED PRESS

GOLF

Tiger tests waters again at Torrey Pines

With the Pacific Ocean behind him, Tiger Woods drew back his driver and sent it soaring across the blue sky Wednesday at Torrey Pines in San Diego.

This will be the ninth time that Woods returns to the PGA Tour following a lengthy layoff and this one brings as much curiosity as excitement at the Farmers Insurance Open.

Not even Woods knows what to expect.

"We all know I haven't played a full schedule in a very long time, so this is an unknown," Woods said. "I've been away from it for so long."

Tiger Woods
GETTY IMAGES

Woods last played a PGA Tour event at the Wyndham Championship in August 2015 in a last-minute effort to qualify for the post-season.

THE ASSOCIATED PRESS

MAKE IT TONIGHT

Crunchy Asian Chicken Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

We're addicted to the sweet, salty, hearty, crunchy combination of this dinner salad.

Ready in 30 minutes
Prep time: 20 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 2 chicken breasts
- 1/4 - 1/2 head of purple cabbage, thinly sliced
- 1/4 - 1/2 head of green cabbage, thinly sliced
- 2 carrots, shredded
- 1 red pepper, thinly sliced
- 1/2 cucumber, peeled and sliced
- 2 spring onions, sliced handful cilantro, chopped
- 1/3 cup peanuts, chopped (optional)

Dressing
- 1 Tbsp sesame oil
- 1 Tbsp soy sauce
- 1/2 tsp sriracha
- 1 Tbsp vegetable oil
- 1 tsp fish sauce
- 1 tsp sugar

Directions

1. Fill a skillet with water and season with salt and pepper. Bring to a simmer. Place chicken breasts in the water and cook 10 to 12 minutes, depending on how thick the breasts are. Remove meat from skillet and place on a clean plate. Use two forks to shred the chicken.

2. In a small bowl, whisk together the dressing ingredients

3. In a large serving bowl, toss together the vegetables and chicken. Drizzle dressing over the salad and toss again. Serve the salad in bowls and garnish with cilantro and chopped peanuts.

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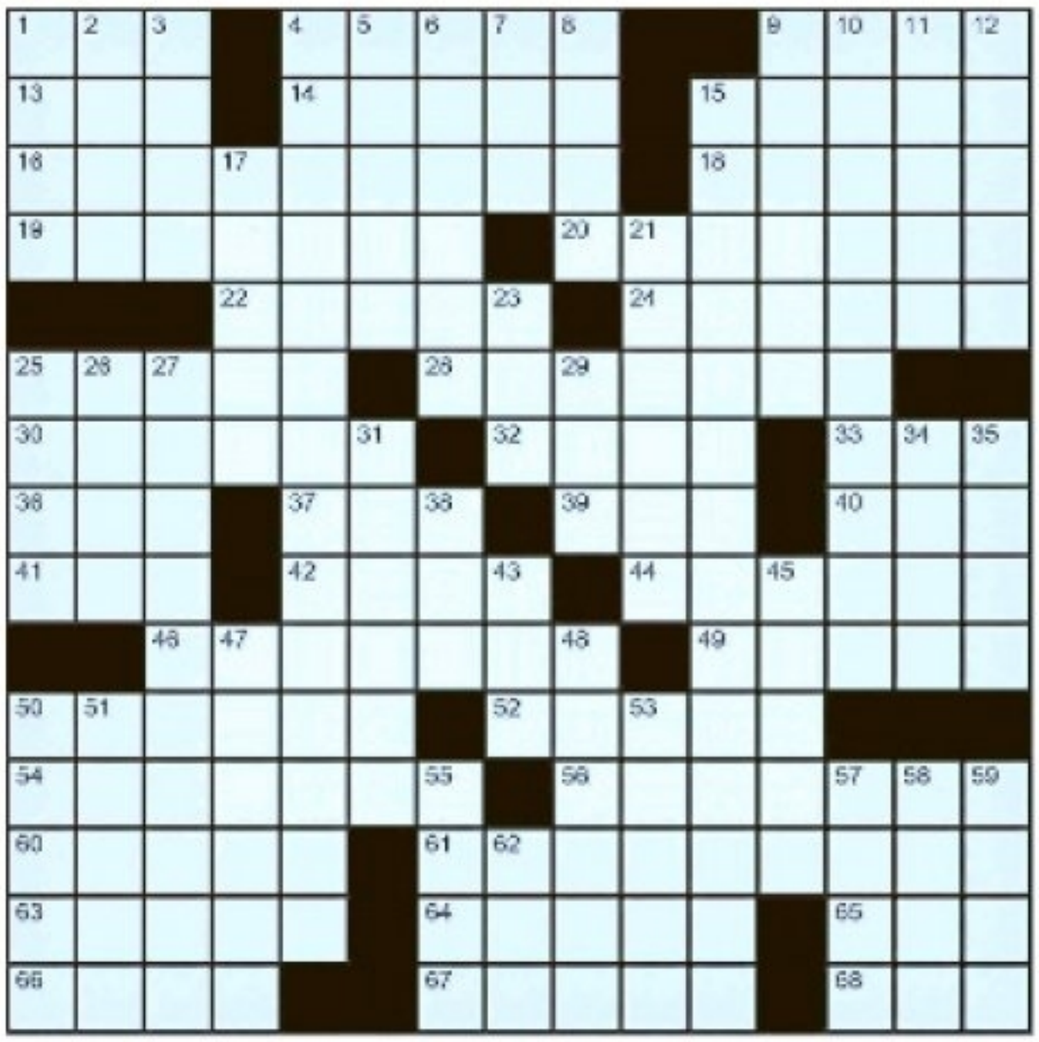
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Groceries holder
4. Long for
9. Lump of soil
13. "Strangers __ Train" (1951)
14. Golden hit song from the past
15. French nursery rhyme: "__ Jacques"
16. One of Saint Basil's Cathedral's vivid architectural features in Moscow: 2 wds.
18. The Cloister and the Hearth novelist Charles
19. Department's boss
20. As a non-looking-forward-to event
22. Lead/tin alloy
24. They make things less difficult
25. 1st Greek letter
28. One taking it a bit too easy on the job
30. Platinum Blonde hit: "__ Really Matter"
32. Litigates
33. Mil. rank
36. Matterhorn, for one
37. Sort of spell
39. Rx watchdog in The States
40. When repeated, a villain's laugh
41. Travel directions provider
42. Luxury label
44. Full
46. South American country
49. Colleague of Happy and Doc
50. Powerful
52. __ of vantage (Favourable position)
54. Retro hairstyling products
56. Dreamy
60. Ms. Ekberg
61. Purr-chasers of Purina products: 2 wds.
63. Wheezing noises
64. "La Dolce Vita" (1960) actress, __ Aimee ...co-star of #60-Across
65. Up to, in verse
66. Building extensions
67. After-dinner candies
68. Quebec seasoning

DOWN
1. Movie set's overhead holder of a microphone
2. Ms. Faris
3. Laundry detergent brand
4. Toronto's hip 'Square' location: 3 wds.
5. Respected person in the community
6. Decorates
7. Flange
8. Call for
9. Iron-ee
10. Prime Minister's activity
11. Sequence
12. Feats
15. Cult TV series of 1999 to 2000 on which Seth Rogen starred: 3 wds.
17. Promises
21. Diminish/fall back
23. Chicago trains
25. U2's bassist Mr. Clayton
26. Ms. Falana
27. Cook's often-used grinder: 2 wds.
29. "__ Wiedersehen!"
31. Who-needs-medical-assistance-first process
34. "Runaway Bride" (1999) star Richard
35. 1970 Carpenters hit: "(__ Long to Be) Close to You"
38. Said a li'l Rocky-style 'hello'
43. Bird of myth
45. Clown in the opera Pagliacci
47. English composer, Eric __ (b.1886 - d.1957)
48. Encourage at the stadium: 2 wds.
50. Fifth wheel
51. Of varied pitch
53. Enter the data
55. Fleece
57. Research papers, e.g.
58. Mr. Nastase of tennis
59. Convict's unit
62. Tropical cuckoo bird

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Dealings with bosses, VIPs and parents are unpredictable today. If you are upset by what they say, don't quit your day job. Give things a sober second thought.

Taurus April 21 - May 21
Travel plans will be delayed, canceled or subject to detours and changes. Likewise, publishing, the media, medicine and the law are subject to sudden changes.

Gemini May 22 - June 21
Double-check bank accounts and important agreements, because something to do with inheritances, shared property, taxes and debt might throw you for a loop. Know what's happening.

Cancer June 22 - July 23
A friend or partner will throw you a curveball today. He or she might want more independence in the relationship. This person also might make a weird accusation!

Leo July 24 - Aug. 23
Your job's routine will be interrupted today. Staff shortages, equipment breakdowns, computer problems, delivery delays or other unexpected situations will force you to deal with surprises. Be cool.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for your kids, so be vigilant. Know where they are at all times. Be careful to remove potentially hazardous equipment or items around them.

Libra Sept. 24 - Oct. 23
Something unpredictable will affect your home or family today. It may be an argument, or a minor breakage could occur. Someone might have surprising news.

Scorpio Oct. 24 - Nov. 22
Be careful today and take your time so that you are mindful and aware, because this is an accident-prone day for you. Think before you speak, and think before you act.

Sagittarius Nov. 23 - Dec. 21
Keep an eye on your finances today, because something unexpected will affect them. You might find money, or you might lose money. Something you own might be lost, stolen or damaged.

Capricorn Dec. 22 - Jan. 20
Today you feel impulsive and rebellious. Even though you usually are cautious and careful, today you might shock someone with a sudden decision or action.

Aquarius Jan. 21 - Feb. 19
You feel restless today. You feel as if you're waiting for the other shoe to drop. You might be agitated because of changes taking place in other people's lives around you.

Pisces
Feb. 20 - March 20
A friend might surprise you today. Something unexpected will take place with someone you know, perhaps in a group setting.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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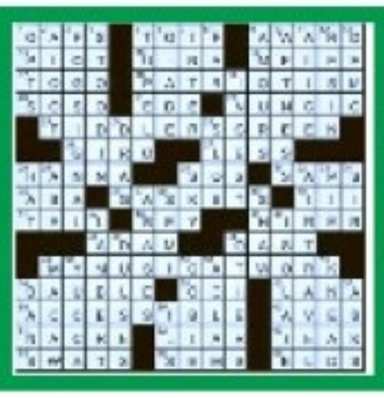

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Open House

Tuesday, February 21, 2017
11am - 2pm and 5pm - 8pm

Wednesday, February 22, 2017
9am - 2pm

At Red River College's Open House, students can:

- Learn about RRC programs and campus life
- Explore residence
- Meet with Instructors and Academic Advisors
- Visit our Student Services Showcase

Notre Dame Campus | Exchange District Campus | Stevenson Campus

Enter to win one of two $2,500 bursaries, proudly sponsored by Metro News.

rrc.ca/openhouse